



As the charitable giving arm of Medica, a nonprofit health plan, we make grants that support community-led efforts to give everyone a fair and just opportunity to be as healthy as possible.

Our approach

We believe in the power of community, and it guides how we do our work.

- **We envision optimal health.** We support initiatives to improve the quality of health care and help more people access care. We prioritize programs that address critical needs, close gaps in care, and advance equity.
- **We build relationships.** We cultivate strong partnerships with grantees and expand our circle of support by involving Medica employees in the grant review and decision-making process.
- **We engage in the community.** We collaborate with our grantees to support their work and increase the impact of our funding. We also encourage Medica employees to get involved through volunteering.

Our funding areas

Since 2003, we've made almost 2,000 grants totaling \$39 million. We invest in community-led programs that promote equitable solutions to disparities in:

- Behavioral health
- Early childhood health
- Rural health

We also invest up to \$200,000 per year in a strategic initiative – a grantee's multi-year project that's innovative, transformational, and has potential to resolve underlying issues that prevent people from being as healthy as they can be.



For details about our funding priorities or grant application process and schedule, visit medicafoundation.org.

MISSION

Improve the health of those in need by investing in community-led initiatives that advance health equity.

VISION

We envision healthy communities, free of inequities, where health resources, care, and treatment are accessible and available to all.

VALUES

Stewardship
Integrity
Equity
Community focus
Collaboration

OUR IMPACT IN 2022

\$2.45 MILLION

awarded across these
five categories

\$510,000

Rural health



\$935,000

Behavioral health



\$475,000

Early childhood health



\$330,000

General Health Improvement



\$200,000

The Esther Tomljanovich
Strategic Initiatives

Contact us

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